

Your Life Coach!

Heb 12:5-11 (Topical Message)



2 Peter 3:9 (NASB)

⁹The Lord is not slow about His promise, as some count slowness, but is patient toward you, not wishing for any to perish but for all to come to repentance.

Repentance – A change of Mind (God, Christ, Our Identity, God's Promises)

Why – To transform us, and conform us into the image of His Son “Jesus Christ”. He wants us to grow up, and mature, and *Depend on Christ as our source of life*.

This is a lifelong process called our “Sanctification”

Hebrews 5:12-14 (NASB)

¹²For though by this time you ought to be teachers, you have need again for someone to teach you the elementary principles of the oracles of God, and you have come to need milk and not solid food. ¹³For everyone who partakes *only* of milk is not accustomed to the word of righteousness, for he is an infant. ¹⁴But solid food is for the mature, who because of practice have their senses trained to discern good and evil.

The writer of Hebrews **warns of not growing** in our *DEPENDANCE on Christ and maturing in Him!*

Brothers & Sisters – God is like the current Life Coach of today. He is guiding you, teaching you, showing you, leading you, encouraging you, and DISCIPLINING you to depend on Christ as your life!

The good news is that God as our life coach doesn't charge a fee for a session. ***God's LIFE COACH session is for free.*** I googled Life Coaches in my zip code in NJ, and there were hundreds in a 50-mile radius. They charged between \$80-\$200 for a session: Why would anyone choose these earthly LIFE Coaches, when they have a heavenly LIFE COACH – God!

Today I want to look at the LORD's discipline (As our LIFE COACH) from Hebrews 12:5-11 and discover **HOW** God typically (No Formula Here) disciplines His Children: Thus, the title of my message ***"Your Life Coach!"***

God "Your Life Coach" Disciplines by REVEALING AREAS of:

- 1. Naivety to Biblical Truth**
- 2. Existing Unknown Unbelief**
- 3. Known Habitual Sin**

Hebrews 12:5-11 (NASB)

⁵ and you have forgotten the exhortation which is addressed to you as sons, "MY SON, DO NOT REGARD LIGHTLY THE **DISCIPLINE** OF THE LORD, NOR FAINT WHEN YOU ARE REPROVED BY HIM; ⁶ FOR THOSE WHOM THE LORD LOVES HE **DISCIPLINES**, AND HE SCOURGES EVERY SON WHOM HE RECEIVES." ⁷ It is for **discipline** that you endure; God deals with you as with sons; for what son is there whom *his* father does not **discipline**? ⁸ But if you are without **discipline**, of which all have become partakers, then you are illegitimate children and not sons. ⁹ Furthermore, we had earthly fathers to **discipline** us, and we respected them; shall we not much rather be subject to the Father of spirits, and live? ¹⁰ For they **disciplined** us for a short time as seemed best to them, but He *disciplines us* for *our* good, so that we may share His holiness. ¹¹ All **discipline** for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness.

What is Discipline?

In Hebrews 12:5-11, the form of the word “Discipline” appears 9 x. So obviously, this is the main theme of this passage of scripture:

Greek Word – Carries the idea of:

“Rearing a Child”

“Training”

“Correction”

God as our LIFE Coach is Training and Correcting (Like Rearing a Child) His Children. Those who believe in the Gospel message.

Why Discipline?

The purpose is to train and correct for something better in one's future will on this earth:

Hebrews 12:11 (NASB)

¹¹ All discipline for the moment seems not to be joyful, but sorrowful; yet to those who have been trained by it, afterwards it yields the peaceful fruit of righteousness.

All believers are filled with the fruit of righteousness which comes from Christ being inside them. Discipline, training & correction expresses (brings to the surface) the fruit of righteousness.

Philippians 1:11 (NASB)

¹¹ having been filled with the fruit of righteousness which *comes* through Jesus Christ, to the glory and praise of God.

This training, correction isn't joyful, but sorrowful – But God has a purpose in it. For every child of God to express the fruits of righteousness: **NOTE:** God's purpose in a believer's life isn't punishment with no outcome, but discipline, correction and training to express righteousness from Christ (By Dependence on Christ) who is in every believer. Amen!

Our Reaction to Discipline?

- a. Do Not Regard Discipline Lightly
- b. Don't Faint
- c. God Loves you
- d. We are Sons (Child of God)
- e. Our Earthly Fathers Discipline – Our Heavenly Father Also Disciplines
- f. We are not an illegitimate child – Our Father is God
- g. We respect our Earthly Fathers when they Discipline us (Not Punishment), so subject yourself to your heavenly Father
- h. Discipline is for a short time (Both Earthly & Heavenly)
- i. Discipline is for our good (Both Earthly & Heavenly)

Brothers & Sisters – God disciplines, corrects and trains His Children to express the fruits of Righteousness (Christ is the fruit of Righteousness in Us). This can only be accomplished by DEPENDANCE on CHRIST as one's source of Life.

God “Your Life Coach” Disciplines by REVEALING AREAS of:

1. Naivety to Biblical Truth

God disciplines, trains and corrects His children when they just don't know Biblical Truth!
God reveals truth to the Soul. Many are just naïve to Biblical Truth:

1 Peter 1:14 (NASB)

¹⁴ As obedient children, do not be conformed to the former lusts *which were yours* in your ignorance,

I mostly put new believers into this camp (Babes in Christ): Ones that have a sincere desire to learn and grow “In Christ”, but are just naïve to Biblical Truth!

They just don't know much biblical truth written in the Bible: They are ignorant to Biblical Truth because they never heard it, were taught it, or preached it. They haven't read much of the Bible, and are in the process of God Revealing them Biblical Truth. All believers are works in progress here! **God works out the circumstances in one's life in which they are revealed Biblical Truth in some way or fashion (God works it out in His way & timing).**

Ethiopian Eunuch Example

Acts 8:30-31 (NASB)

³⁰ Philip ran up and heard him reading Isaiah the prophet, and said, "Do you understand what you are reading?" ³¹ And he said, "Well, how could I, unless someone guides me?" And he invited Philip to come up and sit with him. (Was reading from Isaiah about Jesus being a sheep being led to slaughter)

Acts 8:35 (NASB)

³⁵ Then Philip opened his mouth, and beginning from this Scripture he preached Jesus to him.

Acts 8:36-37 (NASB)

³⁶ As they went along the road they came to some water; and the eunuch *said, "Look! Water! What prevents me from being baptized?" ³⁷ [And Philip said, "If you believe with all your heart, you may." And he answered and said, "I believe that Jesus Christ is the Son of God."]

Ethiopian Eunuch Example continued

The Ethiopian Eunuch was confused, had conflicting beliefs, didn't understand who Christ was and His offer of Salvation.

He wasn't experiencing joy, and perhaps was even sorrowful (Anxiety) thinking about his eternal destiny:

(God) His Life Coach sent Him Phillip to explain to him and help Him in his dilemma!

He was trained and corrected to God's truth in which He freely accepted, and from there expressed the Fruits of Righteousness (Got Baptized).

God “Your Life Coach” Disciplines by REVEALING AREAS of:

2. Existing Unknown Unbelief

All of us have a belief system (Flesh Patterns) that we knit together over course our lives from our experiences, trials, religious beliefs and from the people that influenced us.

All of us have flesh patterns that we developed to cope with life (Before Salvation). Our flesh is the way we ATTEMPT to get our inner needs met (Love, Acceptance, Value, Worth, Security) in things of the world (Prior to Receiving Christ). We see this in Romans 7:23, flesh is also describing as sin in my members:

Romans 7:23 (NASB)

²³ but I see a different law in the members of my body, waging war against the law of my mind and making me a prisoner of the law of sin which is in my members.

Sin in our members are Flesh Patterns in ones thinking attempting to get our needs met outside of Christ. These patterns are living independently of God, they are self-dependent patterns based on **wrong beliefs**.

ISSUE for EVERY Believer:

We don't understand or know our flesh patterns, areas of wrong thinking, and where there is unbelief in the promises of God. When a believer receives Christ, he just knows he is saved. Amen! This is where your ***God "Your Life Coach"*** steps in (In His Timing).

He disciplines, trains and corrects His Children to expose (Identify) Unknown Flesh Patterns that exist in one's life. ***God reveals and identifies areas of unbelief (Flesh Patterns) about ourselves and about Him.***

Unfortunately, most are stubborn to believe something new or fail to recognize their flesh because they don't want to step out of their belief comfort zone. Thus, ***God steps in to discipline, train and correct to reveal unknown areas of unbelief (Flesh), in His way, and in His timing.*** This is tailored made for each Child of God.

God is God – How he coaches you, is different in how he coaches me. God's goal is always for His Children to express the fruits of Righteousness (Christ is the fruit of Righteousness in Us). This can only be accomplished by DEPENDANCE on CHRIST as one's source of Life.

God reveals areas of unknown unbelief from one's flesh (In Members):

God “Your Life Coach” Disciplines by REVEALING/Exposing AREAS of:

3. Known Habitual Sin

When we think of Discipline, training and correction we our minds immediately think of some known habitual (Hideous) sin that God wants to expose in our lives. In these cases, the sin is known by the Believer and is trying to cover it up, ignore it, or not trying to understand why he is doing it. The person has a rebellious heart towards God. I have seen this many times in the life of Believers.

God “Our Life Coach” exposes the sin (To THOSE AROUND the Person) and corrects / trains the believer to acknowledge the sin, and make things right about the sin committed (if possible). God already has forgiven the sin, but wants the person to confess the sin (Agree that it’s a sin, and make things right).

1 John 1:8 (NASB)

⁸ If we say that we have no sin, we are deceiving ourselves and the truth is not in us.

Numbers 32:23 (NASB)

²³ "But if you will not do so, behold, you have sinned against the LORD, and be sure your sin will find you out. (In Context – Moses speaking to Israel about not obeying the Lord)

God “Your Life Coach” Disciplines by Exposing AREAS of Known Habitual Sin. You are already forgiven by God, but He will force His Child to deal with the particular sin (Confess it, ask for forgiveness from others about it if needed, address the consequences of it – to make right, etc.)!

*God Your Life Coach is Training &
Correcting You So You Can Yield
Fruits of Righteousness !*

Are You Listening to His Coaching?

Heb 12:5-11

A sunset scene over a body of water. The sun is low on the horizon, creating a bright orange and yellow glow. The sky is filled with soft, wispy clouds. The water in the foreground is dark, with several concentric, glowing ripples that reflect the light from the sun, creating a series of bright, curved bands of light.

Your Life Coach!

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