

Ephesians 1:3-14 (NASB)

³ Blessed *be* the God and Father of our Lord Jesus Christ, who has blessed us with every spiritual blessing in the heavenly *places* in Christ, ⁴ just as He chose us in Him before the foundation of the world, that we would be holy and blameless before Him. In love ⁵ He predestined us to adoption as sons through Jesus Christ to Himself, according to the kind intention of His will, ⁶ to the praise of the glory of His grace, which He freely bestowed on us in the Beloved.

⁷ In Him we have redemption through His blood, the forgiveness of our trespasses, according to the riches of His grace ⁸ which He lavished on us. In all wisdom and insight ⁹ He made known to us the mystery of His will, according to His kind intention which He purposed in Him ¹⁰ with a view to an administration suitable to the fullness of the times, *that is*, the summing up of all things in Christ, things in the heavens and things on the earth. In Him ¹¹ also we have obtained an inheritance, having been predestined according to His purpose who works all things after the counsel of His will, ¹² to the end that we who were the first to hope in Christ would be to the praise of His glory.

¹³ In Him, you also, after listening to the message of truth, the gospel of your salvation—having also believed, you were sealed in Him with the Holy Spirit of promise, ¹⁴ who is given as a pledge of our inheritance, with a view to the redemption of *God's own* possession, to the praise of His glory.

We Are So Blessed!

In Ephesians chapter one, verses 3-14, the Apostle Paul vividly details how the triune God has blessed believers in Christ. It would be tragic to miss out on God's blessings. So let's discover what each member of the Trinity has done for us so that we might fully receive our blessings.

I. The Father Planned Our Blessings (vs.3-6)

A. He chose us (vs.3-4)

B. He predestined us (vs.5-6)

C. The Father's plan meets our need to be _____.

II. The Son Provided Our Blessings (vs.7-12)

A. In Jesus we have redemption (vs.7-10)

B. In Jesus we have an inheritance (vs.11-12)

C. The Son's provision meets our need for a clear _____.

III. The Spirit Protects Our Blessings (vs. 13-14)

A. The Spirit seals us (vs. 13)

B. The Spirit indwells us (vs. 14)

C. The Spirit's protection meets our need for _____.